

ATLANTA SCHOOL OF SLEEP MEDICINE
ATLANTA, GEORGIA

	SLEEP MEDICINE: AN OVERVIEW FOR NURSE PRACTITIONERS AND PHYSICIAN ASSISTANTS	
TIME	Saturday, March 21, 2020	
8:30 - 8:45 AM	WELCOME Russell Rosenberg, Ph.D	<p style="text-align: center; font-size: 48px; font-weight: bold; letter-spacing: 0.5em;">A G E N D A</p> <p style="text-align: center;">  The Atlanta School of Sleep Medicine & Technology </p>
8:45 - 9:30 AM	SLEEP 101: LAYING THE GROUNDWORK FOR UNDERSTANDING SLEEP PATHOLOGY (SECTION 1) Russell Rosenberg, Ph.D	
9:30 - 9:45 AM	BREAK	
9:45 - 11:15 AM	THE SPECTRUM OF INSOMNIA AND CIRCADIAN RHYTHM DISORDERS - EVALUATION, DIAGNOSIS AND TREATMENT (SECTION 2) Russell Rosenberg, Ph.D.	
11:15 - 12:00 PM	BASICS OF SLEEP LABORATORY AND POLYSOMNOGRAPHY (SECTION 3) Keir Noe, RPSGT, RST, CCSH	
12:00 - 1:00 PM	NETWORKING LUNCH (CATERED)	
1:00 - 1:30 PM	CLINICAL APPROACH TO A PATIENT WITH A SLEEP COMPLAINT AND INTERPRETING THE DIAGNOSTIC REPORT (SECTION 4) Michael Lacey, MD	
1:30 - 3:00 PM	NEUROLOGICAL DISORDERS AND SLEEP (SECTION 5) Michael Lacey, MD	
3:00 - 3:15 PM	BREAK	
3:15 - 4:00 PM	NARCOLEPSY AND OTHER HYPERSOMNIAS (SECTION 6) Michael Lacey, MD	
4:00 - 4:30 PM	PATIENT CASE STUDIES Michael Lacey, MD	

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TIME	Sunday, March 22, 2020	
8:30 - 9:00 AM	COMPLIANCE CHALLENGES: STRATEGIES FOR CREATING OPTIMAL PATIENTS (SECTION 7) Keir Noe, RPSGT, RST, CCSH	A G E N D A
9:00 - 10:00 AM	THE SLEEP APNEA SYNDROMES: PATHOPHYSIOLOGY AND CLINICAL FEATURES (SECTION 8) David Westerman, MD	
10:00 - 10:15 AM	BREAK	
10:15 - 12:00 PM	TREATMENT OF SLEEP APNEA SYNDROMES (SECTION 9) David Westerman, MD	
12:00 - 12:45 PM	LUNCH (CATERED)	
12:45 - 1:30 PM	PSYCHOLOGICAL ASPECTS OF OSA TREATMENTS AND DESENSITIZATION (SECTION 10) Anne Bartolucci, PhD	
1:30 - 2:15 PM	PARASOMNIAS - EVALUATION, DIAGNOSIS AND TREATMENT (SECTION 11) Heidi Doss Riney, MD	
2:15 - 3:00 PM	RESTLESS LEGS SYNDROME AND LIMB MOVEMENTS IN SLEEP- EVALUATION, DIAGNOSIS AND TREATMENT (SECTION 12) Michael Lacey, MD	
3:00 - 3:15 PM	FINAL COMMENTS AND ADJOURN	

